



YOGA!

At Dance One Studios
For only \$5 a class!

Session 1 2012 Int/Adv. Yoga

8 weeks long – \$40

Sunday- Int/adv Yoga	February 5 th	5:45 – 6:45pm
Sunday- Int/adv Yoga	February 12 th	5:45 – 6:45pm
Sunday- Int/adv Yoga	February 19 th	5:45 – 6:45pm
Sunday- Int/adv Yoga	February 26 th	5:45 – 6:45pm
Sunday- Int/adv Yoga	March 4 th	5:45 – 6:45pm
Sunday- Int/adv Yoga	March 11 th	5:45 – 6:45pm
Sunday- Int/adv Yoga	March 18 th	5:45 – 6:45pm
Sunday- Int/adv Yoga	March 25 th	5:45 – 6:45pm

Session 1 2012 Beginner Yoga

8 weeks long – \$40

Sunday- Beginner Yoga	February 5 th	7:00 – 8:00pm
Sunday- Beginner Yoga	February 12 th	7:00 – 8:00pm
Sunday- Beginner Yoga	February 19 th	7:00 – 8:00pm
Sunday- Beginner Yoga	February 26 th	7:00 – 8:00pm
Sunday- Beginner Yoga	March 4 th	7:00 – 8:00pm
Sunday- Beginner Yoga	March 11 th	7:00 – 8:00pm
Sunday- Beginner Yoga	March 18 th	7:00 – 8:00pm
Sunday- Beginner Yoga	March 25 th	7:00 – 8:00pm

**Note: It is recommended that you bring a towel and yoga mat to class.*

Dance One Studios Inc.

Yoga Registration

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Email: _____

Date of Birth: _____

Home Phone: _____

Work Phone: _____

Cell Phone: _____

Emergency Contact Name: (other than above) _____

Phone: _____

Please list any medical conditions that we should be aware of: _____

How did you hear about us? _____

Check off selection for each session you will be attending

<input type="checkbox"/>	Session 5 - Int/Adv Yoga (8 week session)	\$40
<input type="checkbox"/>	Session 5 - Beginner Yoga (8 week session)	\$40

Total \$_____

To sign up for Yoga at Dance One Studios, please fill out the attached form and bring to your first class or mail with your payment (check payable to Dance One Studios) to:

Dance One Studios Inc, P.O. Box 126, Douglassville, PA 19518-0126